



# NORTH LONDON CARES

[www.northlondoncares.org.uk](http://www.northlondoncares.org.uk)

@NLCares



**Bring out the best in life.  
Be part of the community.**

## PLEDGE TO HELP AND HANG OUT WITH YOUR OLDER NEIGHBOURS

### HOST SOCIAL CLUBS



Welcome older neighbours to film and storytelling nights, new tech workshops, dinner parties and games evenings.

### CONNECT ONE-TO-ONE



Build a friendship with an older neighbour through our Love Your Neighbour project.

### KNOCK ON DOORS



Help us identify new neighbours to engage in their community network through our special seasonal projects.

### ORGANISE



Become an NLC Organiser and support fellow volunteers to do even more.

### FUNDRAISE



Bake a cake, run a 10k race, or found a "Giving Circle", to help North London Cares grow.